



FINAL SCHEDULE

2022 World Masters Weightlifting



Date	Sess	Pfm	Weigh-in	Start	Sex	Age	Weight	# Lifters		
						Group	Cat.	Pool	Grp	Ses
Thu Dec 1	1	Red	7:00 AM	9:00 AM	m	M85	55-109+	7	16	
		Blue	7:05 AM	9:05 AM	f	M80	55-109+	9	9	
		Red	9:45 AM	11:45 AM	f	W75	45-87+	2	9	
		Blue	9:00 AM	11:00 AM	m	W70	45-87+	7	14	
		Red	12:10 PM	2:10 PM	m	W65	45-64	14	14	
		Blue	12:15 PM	2:15 PM	f	M75	55-109+	18	18	
	2	Red	2:00 PM	4:00 PM	m	M70	55-67	9	9	
		Blue	2:05 PM	4:05 PM	f	W65	71-87+	9	9	
	3	Red	7:00 AM	9:00 AM	m	M70	73,81	11	11	
		Blue	7:05 AM	9:05 AM	f	W60	45-55	8	8	
	Fri Dec 2	4	Red	7:00 AM	9:00 AM	m	M70	89-109+	9	15
			Blue	7:05 AM	9:05 AM	f	M65	55,61	6	8
5		Red	9:30 AM	11:30 AM	f	W60	59,64	8	8	
		Blue	9:00 AM	11:00 AM	m	W60	71-87+	11	11	
6		Red	11:35 AM	1:35 PM	m	M65	67-81	12	12	
		Blue	11:30 AM	1:30 PM	f	M65	89,96	8	8	
7		Red	1:15 PM	3:15 PM	m	M65	102-109+	9	9	
		Blue	1:00 PM	3:00 PM	f	W55	45-55	11	11	
8		Red	2:45 PM	4:45 PM	f	W55	59	11	11	
		Blue	3:15 PM	5:15 PM	m	W55	64	12	12	
9		Red	7:00 AM	9:00 AM	m	M60	55-73	11	11	
		Blue	7:05 AM	9:05 AM	f	M60	81,89	10	10	
Sat Dec 3	10	Red	9:15 AM	11:15 AM	m	M60	81,89	10	10	
		Blue	9:00 AM	11:00 AM	f	M60	96-109+	11	11	
	11	Red	11:30 AM	1:30 PM	m	W55	81-87+	12	12	
		Blue	11:35 AM	1:35 PM	f	W55	81-87+	12	12	
	12	Red	1:00 PM	3:00 PM	m	M55	55-67	8	8	
		Blue	1:30 PM	3:30 PM	f	M55	55-67	8	8	
	13	Red	1:30 PM	3:30 PM	f	W50	45-55	11	11	
		Blue	1:00 PM	3:00 PM	m	W50	73	8	8	
	14	Red	2:55 PM	4:55 PM	f	W50	59	6	6	
		Blue	3:00 PM	5:00 PM	m	W50	64	12	12	
	15	Red	3:00 PM	5:00 PM	m	M55	81,89	14	14	
		Blue	3:00 PM	5:00 PM	m	M55	81,89	14	14	



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Date	Sess	Pfm	Weigh-in	Start	Sex	Age Group	Weight Cat.	Pool	Grp	Ses	
Sun Dec 4	15	Red	7:00 AM	9:00 AM	m	M55	96,102		12	12	
		Blue	7:05 AM	9:05 AM	f	W50	71,76		12	12	
	16	Red	9:00 AM	11:00 AM	f	W50	81-87+		12	12	
		Blue	9:15 AM	11:15 AM	m	M55	109,109+		8	11	
	17	Red	11:30 AM	1:30 PM	f	W45	45-55		15	15	
		Blue	11:45 AM	1:45 PM	m	M50	67,73		13	13	
	18	Red	2:00 PM	4:00 PM	m	M50	81		10	10	
		Blue	2:30 PM	4:30 PM	f	W45	59		15	15	
	19	Red	4:15 PM	6:15 PM	m	M50	89		9	9	
		Blue	4:00 PM	6:00 PM	f	W45	64		12	12	
	Mon Dec 5	20	Red	7:00 AM	9:00 AM	m	M50	96,102		17	17
			Blue	7:05 AM	9:05 AM	f	W45	71		11	11
21		Red	9:00 AM	11:00 AM	f	W45	76		7	7	
		Blue	8:30 AM	10:30 AM	m	M50	109,109+		10	12	
22		Red	11:00 AM	1:00 PM	f	W40	45-55		17	17	
		Blue	11:15 AM	1:15 PM	m	M45	67,73		14	14	
23		Red	2:00 PM	4:00 PM	f	W45	81-87+		14	14	
		Blue	1:30 PM	3:30 PM	m	M45	81		17	17	
24		Red	7:00 AM	9:00 AM	m	M45	89		13	13	
		Blue	7:05 AM	9:05 AM	f	W40	59		13	13	
25	Red	9:15 AM	11:15 AM	m	M45	96		14	14		
	Blue	9:00 AM	11:00 AM	f	W40	64		16	16		
26	Red	11:45 AM	1:45 PM	f	W40	71	B	12	12		
	Blue	11:30 AM	1:30 PM	m	M45	102,109		14	14		
27	Red	2:00 PM	4:00 PM	f	W40	71	A	10	10		
	Blue	2:05 PM	4:05 PM	m	M45	109+		5	8		
28	Red	7:05 AM	9:05 AM	m	M40	67		11	11		
	Blue	7:00 AM	9:00 AM	f	W40	76		17	17		



FINAL SCHEDULE

2022 World Masters Weightlifting



Date	Sess	Pfm	Weigh-in	Start	Sex	Age	Weight	# Lifters			
						Group	Cat.	Pool	Grp	Ses	
Wed Dec 7	29	Red	9:00 AM	11:00 AM	f	W40	81		13	13	
		Blue	9:30 AM	11:30 AM	m	M40	73		10	10	
	30	Red	11:30 AM	1:30 PM	m	M40	81		8	8	
		Blue	11:45 AM	1:45 PM	f	W40	87		7	7	
Thu Dec 8	31	Red	7:00 AM	9:00 AM	m	M40	89	B	11	11	
		Blue	7:05 AM	9:05 AM	f	W40	87+		9	9	
	32	Red	9:00 AM	11:00 AM	m	M40	89	A	10	10	
		Blue	9:05 AM	11:05 AM	f	W35	45-55		13	13	
	33	Blue	10:30 AM	12:30 PM	m	M40	96		9	9	
		34	Red	12:10 PM	2:10 PM	m	M40	102,109		12	12
	Blue		12:15 PM	2:15 PM	f	W35	59		16	16	
	35	Red	2:15 PM	4:15 PM	m	M40	109+		9	9	
		36	Red	7:00 AM	9:00 AM	m	M35	55-67		12	12
	Blue		7:05 AM	9:05 AM	f	W35	64	B	11	11	
	Fri Dec 9	37	Red	9:30 AM	11:30 AM	m	M35	73		7	7
			Blue	9:00 AM	11:00 AM	f	W35	64	A	7	7
38		Red	10:45 AM	12:45 PM	f	W35	71		12	12	
		Blue	10:30 AM	12:30 PM	m	M35	81		15	15	
39	Red	1:00 PM	3:00 PM	m	M35	89		16	16		
	Blue	1:15 PM	3:15 PM	f	W35	76		11	11		
Sat Dec 10	40	Red	7:00 AM	9:00 AM	m	M35	96		10	10	
		Blue	7:05 AM	9:05 AM	f	W35	81		12	12	
	41	Red	9:05 AM	11:05 AM	m	M35	102		11	11	
		Blue	9:00 AM	11:00 AM	f	W35	87		11	11	
	42	Red	11:05 AM	1:05 PM	m	M35	109,109+		12	12	
		Blue	11:00 AM	1:00 PM	f	W35	87+		8	8	