

# 2024 European Masters Weightlifting Championships

## SHMF Ranking / Women / June 15 - 23, 2024

Rank	Athlete	Team	Age		Wt.	Body	Best	Best C&J	Total	SHMF
			Group	Age	Cat.	Weight	Snatch			
1	ANDERSSON Ine D.	NOR	W35	35	59	58.64	88	115	203	298.413
2	HUSA-RUSSELL Johanna	FIN	W50	52	64	63.58	67	82	149	272.076
3	KORTELAINE Teija	FIN	W70	71	71	66.10	45	53	98	264.676
4	KRÖNLEIN Eva	SWE	W55	58	64	63.34	54	70	124	263.227
5	DIKHOFF Joke	NED	W70	74	59	56.64	33	49	82	261.231
6	BOUKERROU Pascale	FRA	W45	45	71	69.04	73	98	171	260.019
7	NYLÉN Karin	SWE	W50	51	64	63.04	66	78	144	258.266
8	PLAKKE Susan	NED	W40	40	76	75.52	85	106	191	258.069
9	SIMS Elaine	GBR	W50	50	71	70.22	66	84	150	247.636
10	PIJCKE Adela	NED	W55	59	59	58.48	46	62	108	247.027
11	NIEMELÄ Satu	FIN	W55	56	55	54.06	48	62	110	246.365
12	DELACHAT Mathilde	FRA	W45	45	64	62.34	65	86	151	243.592
13	DIEHL Korinna	GER	W60	61	59	57.74	41	59	100	241.609
14	HOWLETT Justine	GBR	W55	55	71	70.34	56	74	130	241.146
15	HERRON Lou	GBR	W45	45	76	71.80	68	93	161	239.769
16	ERIKSSON Marie	SWE	W50	53	64	62.72	55	71	126	237.612
17	MACMANUS Jo	GBR	W60	60	64	62.32	45	60	105	236.189
18	SIMONSEN Louisa	DEN	W40	43	87	83.70	79	96	175	235.517
19	KASZA Katalin	HUN	W35	36	59	58.42	73	85	158	235.443
20	LAINÉ Niina	FIN	W40	42	64	60.96	67	83	150	234.736
21	SCHANKE Melissa	NOR	W35	35	76	72.84	80	101	181	234.537
22	JONSDOTTIR Sigridur	SWE	W55	57	81	77.28	55	71	126	234.532
23	KATARINA Boman	SWE	W50	51	87	85.32	65	86	151	232.555
24	SJOLIE Mona	NOR	W60	62	71	66.52	43	60	103	232.460
25	PEDERSEN Lise	SWE	W45	45	71	69.24	67	86	153	232.283
26	WILLIAMS Georgina	GBR	W45	45	55	54.18	56	75	131	231.884
27	HOLAPPA Tuula	FIN	W45	46	64	63.22	63	79	142	231.026
28	HALLDORSOTTIR Anna G	ISL	W55	55	87	85.14	58	78	136	230.763
29	VERNON Shelley	GBR	W50	54	59	58.54	52	62	114	230.057
30	MCAVOY Karen	GBR	W50	54	59	57.98	48	65	113	229.490
31	RIEGLER Elisabeth	AUT	W35	37	55	54.14	65	78	143	227.166
32	MAES Els	BEL	W40	43	71	68.30	67	86	153	227.138
33	KOPICOVÁ Pavla	CZE	W35	37	71	68.76	70	96	166	226.914
34	PERSSON Frida	SWE	W35	35	55	54.32	67	79	146	226.114
35	TOMA Melanie	SUI	W35	36	55	53.32	61	81	142	225.350
36	BÓDIS-SZABÓ Katinka	HUN	W45	46	87	85.42	73	88	161	225.210
37	BJØRKENG Eva	NOR	W55	55	59	56.58	45	61	106	224.345
38	ROSENDAHL Amanda Obel	DEN	W60	62	64	61.68	40	55	95	224.269
39	D'AMICO Flavia	ITA	W40	43	59	58.24	62	75	137	224.003
40	KROS Kine	NOR	W35	37	55	54.20	62	79	141	223.813
41	LEES Kelly	GBR	W45	48	64	62.62	56	76	132	223.644

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42	JERNBOM Charlotte	SWE	W35	39	64	63.38	66	85	151	221.632
43	BAETICA Maria	ROU	W55	57	49	47.94	39	49	88	221.307
44	MCLARNON Maureen	IRL	W55	55	64	62.46	47	64	111	220.386
45	HODGE Kate	GBR	W40	44	64	63.56	65	75	140	219.919
46	TREBILLCOCK Diane	GBR	W65	65	59	58.64	38	47	85	218.315
47	LAL Serah	GBR	W40	40	59	57.60	61	77	138	217.917
48	CLAESSON GOPO Emina	SWE	W45	45	81	77.58	65	87	152	217.915
49	VON HASELBERG-PALYVOU Alexandra	GBR	W45	47	76	75.76	67	78	145	217.447
50	KRANZ Yvonne	GER	W40	40	87	81.58	71	95	166	216.514
51	DAMME Annett	GER	W55	57	71	69.22	48	62	110	216.466
52	JUNGREITMAYR Sonja	AUT	W45	46	55	53.60	49	70	119	215.910
53	MÜLLER Sandra	SUI	W50	52	64	62.54	53	64	117	215.790
54	HAYEK Zuzana	CZE	W35	38	59	58.02	58	82	140	214.596
55	WISNIEWSKA Agata	POL	W35	35	71	66.62	68	89	157	213.453
56	PIPKE Monika	GER	W60	64	49	48.66	32	42	74	213.402
57	KARP Lisa	GER	W35	39	64	63.10	62	83	145	213.396
58	TEUSCHL Katharina	AUT	W50	50	76	72.18	55	76	131	213.174
59	UURTAMO Nina	FIN	W50	54	59	56.80	43	60	103	212.084
60	SCHELHASE Carina	GER	W40	42	71	69.70	64	82	146	211.293
61	BUDAHAZY Emilia	GBR	W40	41	71	69.70	64	84	148	211.075
62	KERTZSCHER Francisca	SWE	W50	52	76	74.48	56	70	126	211.012
63	BYRNE Gabrielle	IRL	W60	61	64	63.20	38	54	92	209.879
64	SKJERVHEIM Margit	NOR	W60	60	76	74.82	47	56	103	209.454
65	PRHALOVA Michaela	CZE	W45	49	64	62.08	51	69	120	208.364
66	KNAPP Stephanie	GBR	W35	36	59	57.92	59	80	139	208.310
67	LYBECK Barbara	FIN	W55	58	64	63.62	43	55	98	207.483
68	TILLMAN Christina	SWE	W55	56	59	57.88	42	55	97	207.284
69	MCCANN Christine	IRL	W55	57	64	60.24	38	59	97	207.191
70	ALDOR Cecilia	SWE	W40	43	64	62.88	57	76	133	207.145
71	NICOLAJSEN Sun	DEN	W45	46	64	60.64	53	71	124	207.008
72	EXCOFFIER Emilie	FRA	W45	46	81	77.76	64	78	142	206.851
73	PORTEE Lindsey	BEL	W35	39	71	69.52	68	80	148	206.053
74	CONNAL Isja	BEL	W35	38	64	63.50	64	78	142	205.592
75	TÖYKKÄLÄ Satu	FIN	W40	41	87	85.00	68	90	158	205.252
76	PHILIP Ira	GER	W45	49	64	63.98	53	67	120	204.589
77	NAJM Catherine	FRA	W55	57	64	61.70	39	58	97	204.093
78	VILÉN Sanna	FIN	W40	42	76	73.54	60	85	145	204.078
79	THORN Eline	DEN	W40	40	59	57.66	58	71	129	203.563
80	BROWN Philomena	IRL	W65	65	64	59.74	35	45	80	203.009
81	ENDRESEN Ingeborg	NOR	W40	44	87+	87.16	65	86	151	202.986
82	KNARVIK Anne Mari	NOR	W40	43	59	57.44	51	72	123	202.970

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83	IMMONEN Jenni	FIN	W40	41	64	62.96	58	76	134	202.568
84	CARLSEN Vibeke	NOR	W35	38	55	53.88	55	70	125	201.614
85	LARSEN Rikke Therese	DEN	W55	55	71	65.12	44	60	104	201.398
86	JORGENSEN Marga	DEN	W65	69	55	53.78	30	38	68	201.146
87	NORD Chanica	SWE	W45	48	59	57.54	46	66	112	200.311
88	BÜCHMANN-MØLLER Gitte	DEN	W40	44	87	84.70	66	81	147	199.860
89	BOHUSCH Karin	AUT	W65	65	76	74.62	40	49	89	199.079
90	CADET Aubéri	FRA	W35	36	59	58.12	58	75	133	198.864
91	LOBO COSTA Anabela	POR	W35	39	71	67.20	58	82	140	198.597
92	WILLIAMS Samantha	GBR	W35	38	87	87.00	70	90	160	198.269
93	RINCÓN FERNÁNDEZ Marta	ESP	W50	50	55	54.86	45	58	103	198.014
94	TRAN Nhu	NOR	W40	41	64	61.46	56	73	129	197.924
95	SØFTELAND Line	NOR	W50	54	59	58.50	42	56	98	197.857
96	MEAGHER Anne Marie	IRL	W35	38	76	73.86	64	84	148	197.189
97	GOSSCHALK Jinga	NED	W45	45	76	75.16	55	80	135	196.484
98	BJÄRKSTEDT Elin	SWE	W45	47	59	57.04	51	60	111	196.124
99	SUMMERS Louise	GBR	W45	45	64	63.10	52	70	122	195.361
100	SETTEM Elisabeth Benedicte	NOR	W35	37	81	79.42	67	86	153	194.653
101	HEINONEN Pia	FIN	W55	56	71	68.70	42	59	101	194.538
102	MERLI Karoline	NOR	W35	35	64	63.04	64	74	138	193.810
103	HAMMER Margareta	SWE	W35	37	64	63.46	60	75	135	193.241
104	TRAN Thu Thi Minh	NOR	W35	36	64	63.02	54	82	136	193.176
105	VERHAEGHE Stephanie	BEL	W35	35	64	63.18	57	80	137	192.147
106	MYRANN Linn Anneth	NOR	W35	37	55	52.64	50	68	118	191.280
107	MILLSTEIN Iris Luna	NOR	W35	36	64	61.26	56	76	132	190.795
108	SHAW Marie-Pierre	FRA	W45	47	76	75.68	56	71	127	190.551
109	CARVALHO Lilia	POR	W40	41	49	48.50	45	60	105	190.337
110	VAN HERWIJNEN Linda	NED	W35	37	76	74.78	60	85	145	189.765
111	RYDZEWSKA Elzbieta	POL	W40	44	64	62.90	50	70	120	189.695
112	DAVIDSEN Henriette	DEN	W55	57	81	76.52	46	55	101	188.875
113	MARKIEWICZ Justyna	POL	W40	42	81	76.86	61	76	137	188.721
114	RUFFET Mary Laurence	SUI	W40	43	71	68.28	55	72	127	188.570
115	DUARTE Joana	POR	W45	46	55	53.20	43	60	103	187.890
116	DIMPRESOPHIE	FRA	W45	46	64	62.14	47	67	114	187.432
117	KOSZOWSKA Urszula	POL	W60	60	55	54.30	32	44	76	187.254
118	BRATTERUD Ingvild	NOR	W45	48	87	84.94	54	73	127	184.350
119	RAUDASKOSKI Marika	FIN	W40	42	64	62.32	53	66	119	183.687
120	DAILIDYTE Sandra	GBR	W35	37	76	73.44	58	81	139	183.552
121	FREYRHEIM Ragnhild Mathilde	NOR	W35	35	71	69.86	63	75	138	182.762
122	TARDY Nathalie	SUI	W40	43	71	66.38	53	68	121	182.531
123	DEN BOEF Jolanda	NED	W50	50	64	63.10	48	56	104	182.469

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124	JOKIRANTA Titta	FIN	W40	44	87+	89.62	62	75	137	182.247
125	SZIGETI Anna	SVK	W40	40	71	69.66	63	66	129	181.640
126	NUÑEZ VALERO Joana	ESP	W40	42	59	58.52	54	59	113	181.541
127	DEKKER Lia	NED	W35	37	81	79.14	64	78	142	180.946
128	PEDERSEN Camilla	NOR	W40	44	64	63.52	50	65	115	180.716
129	TIPPETT Trish	GBR	W55	59	76	73.44	37	53	90	180.383
130	ROGERS Julie	GBR	W45	48	64	63.26	43	64	107	180.171
131	MEIßNER Tina	GER	W40	41	59	58.90	50	64	114	179.723
132	ARNHULT Mia	SWE	W55	55	55	52.08	34	46	80	179.550
133	LINDSKOG Karin	SWE	W70	70	64	62.02	26	39	65	178.643
134	WILLIAMS Susan	GBR	W60	60	81	78.88	40	50	90	178.512
135	KRAUT Sabine	GER	W60	64	87	84.78	36	50	86	178.376
136	SEPPÄNEN Irene	FIN	W60	61	59	58.20	33	41	74	177.852
137	FRÜHLING Sonja	GER	W40	41	87+	109.26	62	86	148	177.530
138	MUIRDEN Jill	GBR	W50	51	81	79.80	49	63	112	177.442
139	CONNAGHAN Caroline	GBR	W45	45	71	68.88	51	65	116	176.611
140	ELOHEGYI Viktoria	GBR	W35	38	87+	117.38	70	85	155	176.348
141	WHITE Kathryn	GBR	W45	46	87	86.08	53	73	126	175.714
142	GOMES Anatlilde	POR	W40	42	76	74.84	58	67	125	174.408
143	CAMERON Claire	GBR	W65	66	76	74.24	33	43	76	173.705
144	EIBL Kathrin	GER	W45	45	81	76.56	54	66	120	173.111
145	EICHHORN Jasmin	GER	W35	39	71	68.52	55	68	123	172.604
146	CIPRIANO Ana	POR	W40	44	76	71.30	50	67	117	172.303
147	NOOIJ Marieke	NED	W60	60	76	74.12	38	46	84	171.610
148	NORDGREN Anette	SWE	W60	61	71	68.32	35	43	78	170.106
149	KRISTOFFERSEN Anita	NOR	W50	52	59	58.22	38	50	88	169.864
150	EKEDAHN Annika	SWE	W60	60	71	67.34	35	44	79	169.794
151	HEDDERICH Silke	GER	W50	51	76	74.92	46	58	104	169.700
152	LILLEOKS Marianna	EST	W45	45	76	75.78	50	67	117	169.610
153	MARTÍN SÁNCHEZ Maria José	ESP	W60	62	55	53.44	28	37	65	168.921
154	RINNE Susanna	FIN	W50	50	49	48.46	32	48	80	168.648
155	PINTO SEBASTIÃO Sílvia Maria	POR	W40	44	76	74.96	51	66	117	167.998
156	OORDT Femke Madelon	NED	W50	53	87+	112.26	44	69	113	167.684
157	SOMERO Auni	FIN	W40	43	87+	88.18	50	77	127	167.428
158	VROLIJK Dikla	NED	W50	51	59	56.36	37	49	86	165.788
159	KEJIKOVA Lenka	CZE	W40	41	49	48.46	39	52	91	165.066
160	ESKOLA Salla	GBR	W35	35	76	74.02	56	72	128	164.526
161	FAIRCHILD Alea	BEL	W60	60	76	73.94	35	45	80	163.636
162	REE Merete	NOR	W40	41	76	72.32	49	67	116	162.261
163	DRIVER Megan	GBR	W35	39	81	77.78	56	67	123	161.871
164	RAHIR Kim	GER	W60	61	64	63.44	31	40	71	161.602

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165	MÜLLER Kamilla	DEN	W35	35	59	58.06	47	62	109	161.285
166	TORRES Ana Eloisa	ESP	W55	58	64	62.32	30	45	75	160.791
167	ZAKRZEWSKA Monika	NOR	W45	49	87	83.96	47	61	108	160.571
168	ANDRESEN Ann Frank	DEN	W50	51	76	73.50	43	54	97	159.785
169	VÄNSKÄ-WESTGARTH Satu	NOR	W45	46	76	72.76	42	64	106	159.480
170	PLACKOVÁ Katerina	CZE	W50	52	81	79.48	45	53	98	159.177
171	SADOWSKA Anna	POL	W65	67	64	62.62	27	35	62	158.873
172	LOHI Arja	FIN	W55	56	76	72.74	37	48	85	158.851
173	NOVÁKOVÁ TIETZOVÁ Simona	CZE	W50	50	55	53.40	37	44	81	158.731
174	DEVANEY Rhiannon	GBR	W35	35	81	79.36	55	72	127	157.946
175	PINOMAA Hanna	FIN	W60	63	55	53.80	25	35	60	157.797
176	ASBAR Britta	GER	W50	53	87+	108.72	45	60	105	156.937
177	NORBYE Mette	NOR	W60	63	81	77.62	31	43	74	156.799
178	BOSMA Ciska	NED	W40	43	87+	112.34	54	73	127	155.865
179	CARLUT Daphné	FRA	W45	46	55	50.12	35	46	81	154.445
180	SCOTT Rebecca	GBR	W35	37	76	74.32	45	71	116	152.274
181	GRAAN-SARKKI Raisa	FIN	W40	42	76	74.88	51	58	109	152.044
182	VAN TWILLERT Hendrika (RENSKE)	NED	W40	41	64	63.26	46	54	100	150.735
183	PIFFAULT Virginie	FRA	W45	48	59	57.24	37	46	83	148.966
184	PEDROLA-JISSANE Alison	FRA	W35	36	49	48.22	40	47	87	148.947
185	DANICSER Anita Melinda	HUN	W45	45	87+	95.56	52	60	112	147.904
186	OLIPHANT Annette	GBR	W40	44	64	61.26	36	55	91	146.215
187	KRUDTÅ Turid	NOR	W60	61	71	67.54	28	38	66	144.857
188	KREßMANN Christine	GER	W35	39	71	69.56	48	55	103	143.357
189	ARNESEN Lise	NOR	W60	60	87+	96.20	36	42	78	143.293
190	BECKER Tytti	FIN	W35	38	87+	98.06	53	63	116	137.908
191	PROUET Bernadette	FRA	W65	65	87+	97.54	31	36	67	134.627
-	ALNES Rita	NOR	W55	58	81	80.80	50	0	0	0.000
-	NORMAN-STORMBRINGER Hege	NOR	W50	51	76	75.38	41	0	0	0.000
-	SCHEVING Hrund	ISL	W45	46	71	70.34	0	0	0	0.000
-	LOY Siren	NOR	W45	47	71	68.28	0	0	0	0.000
-	ERDAL HOLM Marianne	NOR	W40	44	71	67.80	0	0	0	0.000
-	VERHOEF Thamara	NED	W35	35	76	75.50	55	0	0	0.000
-	HARAMACHOVÁ Michaela	CZE	W35	37	59	58.38	53	0	0	0.000