



2025 World Masters Weightlifting Championships

QMasters Ranking / Women / September 4 - 13, 2025

Rank	Athlete	Team	Age Group	Age	Wt. Cat.	Body Weight	Best Snatch	Best C&J	Total	QMasters
1	FUJIMOTO PANIAN Naomi	JPN	W60	61	48	46.46	51	66	117	347.411
2	ARROW Holly	USA	W70	70	69	64.70	46	55	101	302.471
3	PASKIEWICZ Lynn	USA	W65	69	69	67.09	43	51	94	269.633
4	PIJCKE Adela	NED	W60	60	58	56.60	47	62	109	268.844
5	RIGGS Lisa	USA	W60	63	53	51.72	41	53	94	266.835
6	GUTERRES Sandra	USA	W60	63	58	53.95	42	53	95	261.362
7	GARBER Kelly	USA	W60	63	63	61.35	45	55	100	254.374
8	FRANKLIN Margaret	USA	W65	66	48	44.40	33	38	71	253.220
9	PICKING Michelle	USA	W55	56	77	72.00	57	71	128	252.212
10	HUEBNER Marianne	USA	W60	61	77	73.80	49	64	113	251.300
11	TRIVIZ Dolores	USA	W65	68	77	74.49	42	51	93	248.660
12	SOUTHARD Marlene	USA	W70	72	69	66.45	34	45	79	245.954
13	CROTEAU Manon	CAN	W60	60	58	57.05	45	55	100	245.430
14	WALKER Kirsten	NZL	W60	60	77	75.55	51	63	114	244.986
15	GALLOWAY Michelle	USA	W60	61	86+	100.00	53	67	120	242.029
16	MACKEN Mary	AUS	W60	64	53	50.92	37	45	82	241.954
17	GERHARD Susan	USA	W55	59	58	57.10	43	58	101	241.353
18	BARBER Patricia	CAN	W60	60	86	82.30	49	66	115	239.891
19	SOULE Sheryl	USA	W60	60	69	67.95	45	62	107	239.886
20	ALNES Rita	NOR	W55	59	77	77.00	52	63	115	239.099
21	RAVENER Christine	USA	W60	64	63	62.11	40	52	92	238.713
22	GUNTHER Susan	USA	W75	76	53	50.65	25	33	58	236.182
23	HENDERSON Lou Ann	USA	W70	72	53	51.55	29	36	65	235.434
24	LARRERE Yolande	FRA	W55	55	53	52.30	48	55	103	235.244
25	YONEKURA Emi	JPN	W60	64	53	51.26	35	45	80	234.790
26	ZIRKLE Molly	CAN	W55	58	58	56.55	46	54	100	234.183
27	DAHLMAN Kathryn	USA	W60	61	86	84.20	49	61	110	233.641
28	KASSINGER Carmen	USA	W55	59	58	56.20	43	53	96	231.706
29	CADOGAN Ramona	USA	W55	55	77	74.00	53	68	121	229.754
30	TONUS Fern	CAN	W65	67	53	52.10	32	41	73	229.668
31	WEILL Alexandra	USA	W55	57	53	52.10	41	54	95	229.406
32	HARLOW Katherine	USA	W55	56	77	75.70	49	69	118	228.117
33	MATSUNAGA Valerie	USA	W65	68	53	52.60	30	41	71	227.925
34	SMITH Dolores	USA	W65	67	63	60.80	32	48	80	227.915
35	LANTHIER Cybèle	CAN	W55	58	58	56.90	40	57	97	226.281
36	WALLER Danielle	AUS	W60	60	86+	99.30	54	60	114	224.592
37	BROWN Philomena	IRL	W65	66	58	57.40	35	43	78	223.400
38	STOJEK Akiko	USA	W60	60	48	47.06	33	45	78	222.831
39	CHAMBERLIN Gwen	USA	W60	62	77	73.90	42	55	97	221.281
40	MCLARNON Maureen	IRL	W55	56	63	62.10	45	60	105	221.145



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41	SCOTT Loretta	USA	W55	55	77	76.70	50	68	118	221.112
42	MUNOZ Sonia	CHI	W60	61	69	66.20	40	55	95	221.037
43	CUNNINGHAM Lyndsay	NZL	W65	68	63	60.70	33	42	75	219.801
44	RUELAS Shari	USA	W55	57	63	62.80	45	57	102	219.311
45	CARCAS Ivette	USA	W55	55	58	57.25	44	58	102	219.015
46	PETERS Donna	USA	W60	63	63	61.41	37	49	86	218.648
47	GARTENBERG Terri	USA	W55	57	48	46.80	35	47	82	217.742
48	ROBSON Frances	CAN	W65	66	58	56.90	35	40	75	215.968
49	FERGUSON Renee	USA	W65	67	48	47.40	28	35	63	215.188
50	DIFELICE Beth	USA	W55	59	53	52.80	37	48	85	214.169
51	QUILTY Maureen	CAN	W55	59	58	57.80	38	52	90	213.478
52	RASOR Kelly	USA	W60	61	69	65.35	39	52	91	212.996
53	LOY Diana	AUS	W60	60	63	58.79	34	54	88	212.133
54	REESMAN Linda	USA	W75	75	63	60.20	26	34	60	211.728
55	ABELSON Debra	USA	W65	68	69	67.59	34	42	76	211.373
56	OH Stella	CAN	W55	56	53	52.25	39	50	89	208.863
57	BELSITO Ljuca	USA	W65	68	86	82.85	31	50	81	208.668
58	KING Karen	USA	W70	71	77	74.85	30	42	72	208.201
59	NAJM Catherine	FRA	W55	58	63	61.55	38	55	93	207.427
60	HUMAN Christine	AUS	W65	66	58	56.90	30	42	72	207.329
61	SØFTELAND Line	NOR	W55	55	63	62.45	44	56	100	204.532
62	GELMAN Janet	USA	W70	70	58	54.40	27	34	61	201.747
63	EVANS Suzanne	USA	W55	59	58	56.15	36	47	83	200.443
64	TIPPETT Trish	GBR	W60	60	69	67.70	35	54	89	199.853
65	BLACKHURST Alison	CAN	W55	59	53	51.80	34	44	78	199.407
66	MOORE FOX Lucinda	IRL	W65	68	77	76.05	33	42	75	199.002
67	MAU Mary Sharon	USA	W70	71	77	70.95	28	38	66	194.855
68	GIOVINAZZI Janine	USA	W60	62	86	78.50	37	50	87	194.156
69	QUINN Judy	CAN	W75	77	69	67.95	25	30	55	193.208
70	MCDONNELL Sharon	USA	W60	61	69	68.15	37	47	84	192.938
71	BECKER Nancy	USA	W65	66	69	67.34	31	42	73	192.465
72	WRIGHT Debi	USA	W65	68	86	83.88	31	43	74	189.870
73	FERNANDEZ Nancy	USA	W55	58	77	76.00	39	53	92	187.206
74	PELTONEN Sari	FIN	W55	55	69	68.10	41	54	95	186.556
75	STILL Laura	USA	W65	69	58	56.00	24	35	59	186.408
76	PENEYRA Heather	USA	W55	58	63	60.60	37	45	82	184.418
77	MYERS Vicki	USA	W55	58	69	67.10	40	46	86	183.978
78	ANDERSON Jennifer	CAN	W60	63	58	57.30	30	39	69	182.471
79	PAWLIKIEWICZ PEACOCK Rebecca	GBR	W55	57	53	50.80	33	40	73	179.844
80	QUAN Suzanna	USA	W55	58	53	51.65	32	40	72	179.707



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81	STUPKE Monica	USA	W65	67	69	67.71	28	38	66	178.461
82	BARRY Joni	USA	W60	60	77	76.25	37	46	83	177.767
83	BARNABE Maria	USA	W60	60	86	79.90	35	47	82	172.760
84	CAMERON Claire	GBR	W65	67	77	74.46	29	37	66	171.725
85	VINES Lynda	USA	W60	61	53	52.07	27	37	64	171.599
86	HUNNICUTT Karen	USA	W60	63	58	57.50	26	39	65	171.528
87	ALDERSON Jaine	GBR	W60	60	63	60.24	34	38	72	171.196
88	RAY Patricia	USA	W65	66	63	61.40	27	34	61	168.160
89	DELANY Kimberlee	USA	W55	57	58	55.65	32	40	72	165.933
90	SCHNELLI Phoebe	CAN	W55	57	77	72.50	35	47	82	165.441
91	CONTENTE Sara	USA	W70	73	69	67.30	23	28	51	161.855
92	MALLOW Eleanor	USA	W60	63	86	79.70	31	39	70	159.471
93	BOURQUE Charlotte	USA	W55	56	77	75.00	36	46	82	159.067
94	SALGADO DEMELLO Brendalee	USA	W60	61	53	52.28	24	34	58	155.034
95	HARVEY Heather	CAN	W65	69	63	61.90	22	28	50	149.079
96	SVEINSDÓTTIR Steinunn	ISL	W60	62	86	82.80	28	40	68	149.043
97	YODER Deborah	USA	W75	75	63	61.05	20	21	41	143.585
98	DAVIDSON Marilyn Jean	CAN	W70	72	53	50.75	19	20	39	143.047
99	MINER Alise	USA	W60	62	86	83.00	27	37	64	140.165
100	HANSEN Joyce	USA	W70	74	53	49.65	15	18	33	129.666
-	KINJO Terri	USA	W65	65	53	52.10	0	38	0	0.000
-	PEREZ Susannah	GBR	W60	60	58	56.85	0	54	0	0.000
-	JONSDOTTIR Sigridur	SWE	W55	58	77	75.40	0	65	0	0.000