



2025 World Masters Weightlifting Championships

QMasters Ranking / Women / September 4 - 13, 2025

Rank	Athlete	Team	Age Group	Age	Wt. Cat.	Body Weight	Best Snatch	Best C&J	Total	QMasters
1	ARROW Holly	USA	W70	70	69	64.70	46	55	101	302.471
2	FRANKLIN Margaret	USA	W65	66	48	44.40	33	38	71	253.220
3	SOUTHARD Marlene	USA	W70	72	69	66.45	34	45	79	245.954
4	GUNTHER Susan	USA	W75	76	53	50.65	25	33	58	236.182
5	HENDERSON Lou Ann	USA	W70	72	53	51.55	29	36	65	235.434
6	TONUS Fern	CAN	W65	67	53	52.10	32	41	73	229.668
7	MATSUNAGA Valerie	USA	W65	68	53	52.60	30	41	71	227.925
8	SMITH Dolores	USA	W65	67	63	60.80	32	48	80	227.915
9	BROWN Philomena	IRL	W65	66	58	57.40	35	43	78	223.400
10	CUNNINGHAM Lyndsay	NZL	W65	68	63	60.70	33	42	75	219.801
11	ROBSON Frances	CAN	W65	66	58	56.90	35	40	75	215.968
12	FERGUSON Renee	USA	W65	67	48	47.40	28	35	63	215.188
13	REESMAN Linda	USA	W75	75	63	60.20	26	34	60	211.728
14	KING Karen	USA	W70	71	77	74.85	30	42	72	208.201
15	HUMAN Christine	AUS	W65	66	58	56.90	30	42	72	207.329
16	GELMAN Janet	USA	W70	70	58	54.40	27	34	61	201.747
17	MAU Mary Sharon	USA	W70	71	77	70.95	28	38	66	194.855
18	QUINN Judy	CAN	W75	77	69	67.95	25	30	55	193.208
19	STILL Laura	USA	W65	69	58	56.00	24	35	59	186.408
20	RAY Patricia	USA	W65	66	63	61.40	27	34	61	168.160
21	CONTENTE Sara	USA	W70	73	69	67.30	23	28	51	161.855
22	HARVEY Heather	CAN	W65	69	63	61.90	22	28	50	149.079
23	YODER Deborah	USA	W75	75	63	61.05	20	21	41	143.585
24	DAVIDSON Marilyn Jean	CAN	W70	72	53	50.75	19	20	39	143.047
25	HANSEN Joyce	USA	W70	74	53	49.65	15	18	33	129.666
-	KINJO Terri	USA	W65	65	53	52.10	0	38	0	0.000